

## NEWS

October 2020

### Veterans Distribute Food

On a fall like Wednesday morning just three weeks before Veteran's Day, eight members of the Student Veterans Organization (SVO) gathered near the college pool. Their mission, distribute 70 meals to students undergoing food insecurities. "We received donations from Sprouts, Smart and Final, and a delivery from Feeding San Diego," said Christina Brown, Anthropology student at Miramar College. "I love helping out with food because I know it is a big insecurity and there's a lot of students who sleep in their cars and struggle on a day by day basis so they can get their education and I respect that."

Volunteers packed up bags of fruits and vegetables, cartons



of eggs, meats, canned goods and even Halloween treats. Students in need then drove through the roundabout near the pool to receive a bag full of groceries products. SVO volunteers loaded up cars, using COVID-19 safety protocols for contactless delivery, and off the students went.



Navy Veterans Jose Araujo and Amore Carchano attended the food distribution and found it to mirror their time in the service. "One of the reasons I joined (the SVO) was to be a part of something bigger," said Araujo. "This allows me to give back to the community, but more importantly it keeps me in touch with fellow Veterans." Something not overlooked by Araujo's fellow Navy Veteran Amore Carchano. "When you are getting out of the military it is a hard transition to a civilian life," said Carchano. "And having college friends who are also Veterans, you kind of get that feeling of acceptance, because it is really hard to adjust to civilian life."

Miramar College offers food distributions to its students once a week despite a pandemic which has forced most students, staff and faculty off campus the past 8 months. "Right now with Covid-19, there is a disconnection from the students," said Julia Kamp, mental health counselor at



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Miramar College. "We understand they are not always able to cover their basic needs and to be out there to provide a service for them is very important and just to let them know we are here is very important." Before joining Miramar College, Kamp spent 7 years at Marine Corp Station Miramar serving as a mental health counselor. She is also married to a Veteran of the Marine Corp.

In honor of November 11th's Veterans Day, Miramar College will host a postcard writing campaign for active military and Veterans and a Zoom mixer for Veterans on Nov. 10. Check the College's social media platforms for more information on these events.

To view a video of the food giveaway click [here](#).

### CBS8 Features Miramar College

Miramar College student Billie Guinto was featured in a CBS8 story on how community colleges are preparing students for new careers during a pandemic. Click [here](#) to see the story which aired Oct. 22.



### Undocumented Student Week of Action

Undocumented Student Week of Action took place virtually Oct. 19-24. The state-run initiative was executed locally by our Dreamers Support Services staff. Six days of workshops, for both students and faculty/staff, began with a student centric presentation on Why Entrepreneurship might be an option for you; Tips for Self-Care and Mental Health; Transfer 101; and What can Career Services do for a Dreamer Like Me?

For faculty and staff, the week began with a financial aid update from CCC. Other workshops included: Policy Updates with CCC; Undocu-Ally Training with Mesa; Equity Beyond Status; Building Institutional Infrastructure with CCC; Equitable Classroom Practices; Outreach in the Virtual Era, and it all concluded with a free Saturday Zoom-ba class.

### New Youtube Platform

Miramar College has a new **Professional Development YouTube Channel!**

This video channel is now available to serve your PD needs. Learn new things. Get help from experts. Relive the magic of Convocation. Viewing can earn points toward salary advancement or get Flex credit.

- For Flex or Salary Advancement, videos should include audience participation, such as discussion, chat, or Q&A.
  - Of course, as always, no double dipping - Flex or Salary Advancement but not both!
  - For Flex credit, please record video viewing hours as a Self-Paced project with Flex #5658
  - For Salary Advancement credit, please make a copy of the flier for the session (or request it from me) and log it in your Professional Advancement Log of Hours
- Have an idea or a Flex video to share? Please reach out.

### Free Flu Shots

Our Student Health Services folks coordinated 4 days of free drive-by flu shot vaccinations. Students and staff had an opportunity to RSVP for one of four select dates. They were then asked to drive through the roundabout off Black Mountain Parkway at their allotted time to receive their vaccination. Forty-five students were vaccinated by our Health Services team over the first three sessions. Students remained in their cars, wore masks and received their shots through their car window. A 4th drive through event called "Boo to the Flu" took place on the evening of October 28 on campus.



### Guided Pathways Retreat #2

The second Guided Pathways retreat was held Oct. 16. For 3 hours, there was a healthy discussion about all things Guided Pathways. GPS is using year two to continue to lay the foundational work for helping students succeed and the campus' voice offered insight and suggestions on how

best to achieve these. On October 16, faculty, staff and administrators from across Miramar College attended the GPS Design to Development Retreat. Part 2 in a series, this retreat followed up to the planning retreat from August 28. Whereas the first retreat helped the GPS team develop the anticipated outcomes for the 2020/2021 year, this retreat solicited input on activities that could help with the achievement of these anticipated outcomes. This year we will work on developing course sequences for degrees, onboarding students to interest areas and develop easy to navigate career exploration tools. Participants in both retreats have helped set the agenda for GPS, gave ideas on activities that could help accomplish these goals and established much needed work groups to engage more of the college.

### Student Services Workshops

Student Services hosted a series of presentations in October specifically designed for our colleagues to learn more about remote student support services. These presentations provided an overview of various topics, how students can access remote services, and ways you can make referrals. A **Counseling Support Services** workshop was held Oct. 14 that provided an overview of general counseling, EOPS/CARE, Next Up, CalWORKS, DSPS, mental health and the San Diego Promise. **How to Help Students Prepare for Priority Registration** was held Oct. 21. **Paying for School** was held Oct. 28. All three presentation were held via zoom.

This was an opportunity to meet colleagues and ask questions you have about Miramar student support services. Student Services will offer more workshops in November.

### FilipinX and LGBTQ History Months

Miramar College celebrated Filipinx American History Month by hosting a pair of speakers. Assembly member and San Diego Mayoral candidate Todd Gloria along with FANHS National Vice President Dr. Kevin Nadel both spoke via Zoom. Dr. Nadel is an activist, author and professor who has authored numerous publications on topics such as such: Filipino American Psychology, Microaggression, and LGBTQ history and law. Dr. Nadel is a professor at John Jay College of Criminal Justice in New York. Todd Gloria was San Diego's first interim mayor of Filipino ancestry when he took office in 2013-2014.

### We Celebrate LGBTQ+ Month

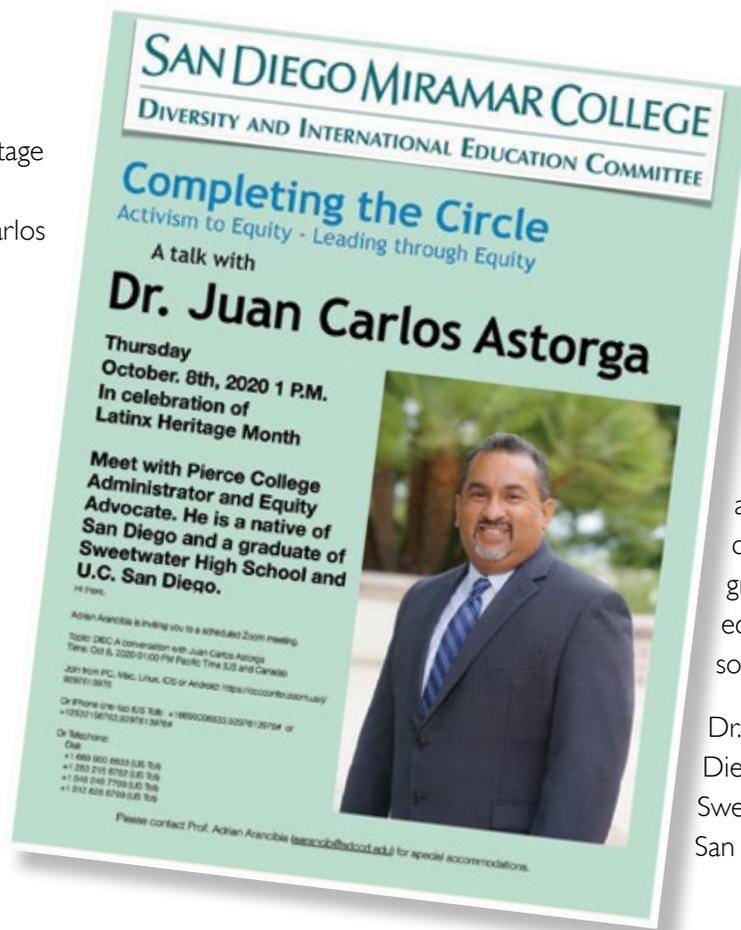
San Diego Miramar College showed its support for our LGBTQ+ students during October's LGBTQ+ History Month. This project was initiated by the campus LGBTQ+ Alliance, a task force of the Diversity and International Education Committee (DIEC). Our Associated Student Government Club SPECTRUM also celebrated this month with a story and art project on LGBTQ+ Figures Through History at <https://sites.google.com/view/club-spectrum/home/lgbt-historical-figures?authuser=1>. Thank you to all who showed their support!



## Dr. Juan Astorga

As part of Latino/Latinx Heritage Month, the DIEC held a conversation with Dr. Juan Carlos Astorga from Pierce College. A Talk With Dr. Juan Astorga - Closing the Circle: Leading through Equity was held via Zoom on Oct. 8.

Dr. Juan Carlos Astorga has over 20 years of experience in higher education having worked at the public, private, and community college level. Currently, as the Dean of Student Engagement at Los Angeles Pierce College, Dr. Astorga is responsible for overseeing the Center



for Academic Success, Library, Office of Student Engagement (Student Life and ASO), Office of New Student Programs (First year Experience, Summer Bridge, etc.), Discipline, and the Child Development Center. He has a wealth of knowledge and leadership around student development, counseling, advocacy, federal grants, multiculturalism, student equity, student leadership and social justice.

Dr. Astorga is also a San Diego native and graduate of Sweetwater High School and UC San Diego.

## QUICK HITS

### Suicide Prevention Month

During September's Suicide Prevention Month, the Miramar College Mental Health Counseling coordinated three Question Persuade Refer (QPR) Trainings. Over 80 students, staff, faculty & administrators learned how to use QPR as a lifesaving technique.

### Transfer Tea

On Oct. 2 the Transfer Center hosted Transfer Tea whereby Miramar College alumni spill the tea on transferring. Six

former alums met with current students to talk scholarships, application strategies and more! Four of the six alums currently attend a UC school while one attends a Cal-State school and another attends NYU.

### The LOTT is Open!

We are thrilled to announce the LOTT (The Online Place to Learn One Tiny Thing) is open! Please watch the video below to learn about our two-part Flex workshop series.

<https://sdccd.us-west-2.instructuremedia.com/embed/305f9446-09f3-4a32-bd17-58e76affb9bf>

### CostZoom Contest!

Miramar College Professional Development and Classified Senate hosted its annual Boo-Tacular Halloween Contest remotely this year calling it a "CostZoom" (Costume + Zoom) contest. Participants were asked to take a photo of their custom and uploaded it by Oct. 28. The 3 categories were: Scariest; Most Creative; and Most Appropriate for 2020. There was also a group category. All of us were asked to cast our ballots remotely. And the winners were:



**Individual Costume Category: Scariest**

Winner: Meilani Peleti as Classic SubZero Face Paint

**Individual Costume Category: Most Creative**

Winner: Reylyn Cabrera as Boba

**Individual Costume Category: Most Appropriate for 2020**

Winner: Gina Bochicchio as Super Poll Worker

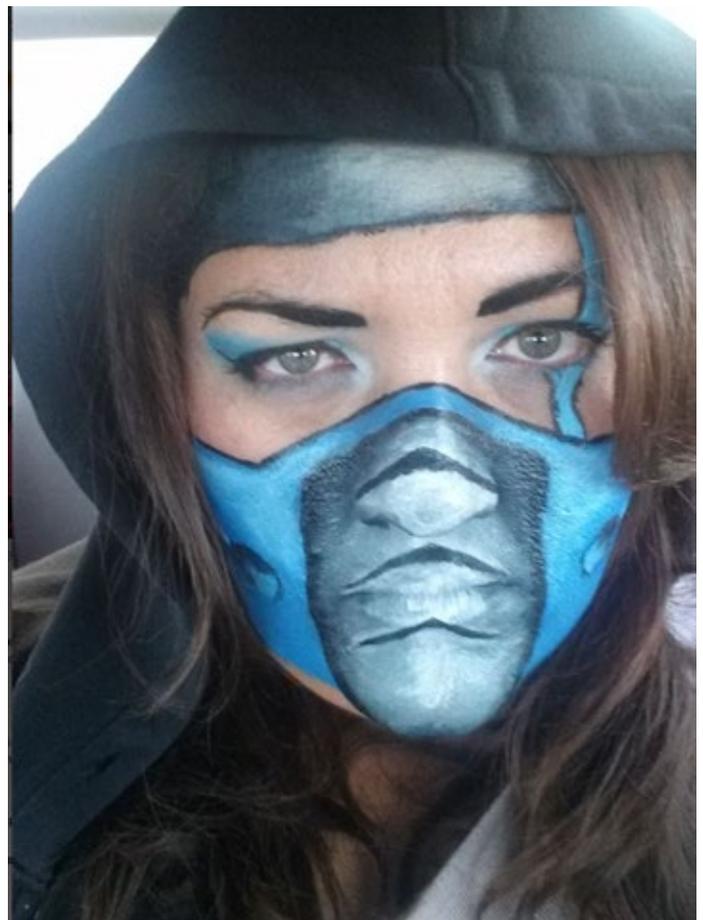
**Group Costume Category**

Winner: Armando Gonzalez, Ron Felix, Eileen Fuerte, and Meilani Peleti as Braindead Zombified Class of Ghouls

Thanks to Laura Gonzalez for making this happen remotely!

**Child Development Debuts Newsletter**

Miramar College Child Development debuted a new monthly newsletter called "Common Grounds." The goal is to provide information that may be of interest to faculty and students. Look for the second issue in your SDCCD inbox sometime in November. Rekha Chhabra is the program liaison. Learn more about Rekha [here](#) in this video. Madison Burgess is one of the project assistants and asks that if anyone has anything they'd like shared in the newsletter to please reach out at [mburgess@sdccd.edu](mailto:mburgess@sdccd.edu).



# EVENTS

## Want to know what's going on?

Check "all" or search by category in the Master Calendar: Athletics, Civic Center Activities (campus rentals), Community Events, Hourglass Complex, Internal College Activities, Student Activities, Student Services at [www.sdmiramar.edu/calendar](http://www.sdmiramar.edu/calendar).

## Stay informed...

Committee agendas, minutes and reports can be found at [www.sdmiramar.edu/campus/governance](http://www.sdmiramar.edu/campus/governance). College Executive Committee (CEC) meetings are open to all interested parties.

## Intersession/Spring 2021 Registration by Appointment Begins

November 9

## Veterans Day Celebration

November 10 • Via Zoom • 9:30am-12:30pm

## Thanksgiving Break (No classes in session)

November 23-November 29