

## Help Lines

### **San Diego 24 HR Access & Crisis Line**

**Phone:** 800.479.3339 or 888.724.7240

**Services:** Telephone crisis intervention information and referral; suicide intervention and education; United Behavioral Health.

### **Warm Line**

**Phone:** 800.930.WARM (9276) or 619.295.1055

**Services:** The Warm Line is a friendly telephone support line, answered by trained consumers who offer support, listen to concerns, and generally understand the caller's perspective and are willing to listen. The Warm Line is a non-crisis phone service, which serves as an alternative to the Access and Crisis Line or emergency services. Parent organization: The Meeting Place, Inc.

### **Youth to Youth Hotline**

**Phone:** 866.222.1886

**Services:** Phones staffed by teens, supervised and trained by adults. Provides confidential peer counseling and referrals regarding problems, STD, drugs, relationships, dating violence, suicide, date rape, teen to teen.

*\* As of 08/14/2012*