

# Mira Mesa *Living*

Volume 6, Number 6  
November / December 2015



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# Happy Thanksgiving!



## **Michelle Tsai, Publisher**

Ms. Tsai holds an MBA with an emphasis in finance and a BA in marketing from University of San Diego. She has lived in the Mira Mesa neighborhood for nearly 12 years. In that time she has joined several committees including serving as Vice President of the Mira Mesa Chamber of Commerce. Ms. Tsai believes her strengths include connecting people and groups and building long-standing relationships in the community.

## **Steve Nicoles, Editor**

Mr. Nicoles worked for nearly a decade as a professional television news reporter. He brings that experience along with several journalism awards including a regional Emmy™ to Mira Mesa Living. As a graduate of San Diego State University, Mr. Nicoles is excited to be living and working in San Diego while focusing on one of the city's most diverse and unique neighborhoods.



## **Pam Stevens, Writer**

Ms. Stevens is a freelance writer, librarian, and active community volunteer in Mira Mesa, where she and her husband, Jeff, have lived since 1980. She is the author of *Mira Mesa*, a photo history in Arcadia Publishing's Images of America series.



## **Sarah Davis, Contributing Editor**

Ms. Davis is a native Mira Mesan with a heart for giving back. Her work as a financial associate with Thrivent Financial allows her to help clients be wise with money and live generously, and she's involved in various nonprofits and volunteer groups throughout San Diego. In her spare time she enjoys singing karaoke, reading, volunteering, and spending time with her two Shih Tzus.



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holiday with family, friends and neighbors!*

# SUNDAYS AT 9AM & 10:45AM

Meeting at Hage Elementary School

 [newbreakchurch.org](http://newbreakchurch.org)

## CHRISTMAS EVE SERVICE

3:30p at Hage Elementary School



## PRESIDENT'S MESSAGE



Leaves may finally be starting to change color here in San Diego, but it is never too early to begin thinking about spring. I want to remind the community that registration for the Spring 2016 semester begins on November 30. Our printed class schedules will soon arrive and

be available around Mira Mesa and on campus. Please keep an eye out for them. You can also visit <https://schedule.sdccd.edu/> to find the latest updated class schedules. New students should submit an application by November 12 to secure a registration appointment.

This spring, we plan to offer hundreds of courses in liberal arts, math & sciences, and don't forget we offer over 90 career technical certificates in the areas of aviation, automotive and diesel technology.

You may have noticed a change to the northwest corner of campus where Hillery Drive and Black Mountain Road intersect. The College has broken ground on a 12-acre, vernal pools and interpretive trails project that is scheduled for completion in December. We will share more information on this project in the next edition of Mira Mesa Living.

We invite you to stay up-to-date on the latest San Diego Miramar College news by following us on twitter @SDMiramar and by liking us on Facebook. These are two good resources that will illustrate the positive impact we are making in the Mira Mesa community.

On behalf of the entire faculty, staff and administrative team, we wish you a wonderful holiday season and we look forward to assisting you in your educational and career goals.

Sincerely,

*Patricia Hsieh, Ed.D.*  
President, San Diego Miramar College



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### Be An Insider...

For more Miramar College news, check out **JetsNews** at [sdmiramar.edu/news/jetsnews](http://sdmiramar.edu/news/jetsnews)

# SPOTLIGHT

## Miramar College Fire Tech Professor Rides for Friend and Wounded Warriors

For the past 25 years, Dennis Sheean has been part of the Miramar College faculty teaching in the Fire Tech program. It wasn't until a few years ago that his neighbor, Kevin Childre, invited him to go cycling. Sheean was hooked and quickly joined Kevin's Navy cycling club. He then began riding alongside Kevin in support of EOD (Explosive Ordnance Disposal) Wounded Warriors. Childre was the Navy's senior EOD technician and at 53 years-old had just been promoted to commander of the EOD training program at Pt. Loma.

In May, while on a ride up California's Central Coast, Kevin lost control of his cycle and was killed.

Five months later, Sheean honored his friend and neighbor by completing a 200-mile charity bike ride to benefit EOD Wounded Warriors. Sheean was one of 65 San Diegans who started the journey on October 10<sup>th</sup> in Los Angeles and ended at Liberty Station the following day.

"When EOD warriors are wounded, they come back to the states to start their rehabilitation," said Sheean. "Sometimes it is difficult for their families to join them or adapt due to costs, so that's where we come in. We do the fund raising annually, and turn those funds over to the national chapter and they disperse the funds as they see fit. The funds can provide anything from travel costs to modifications to houses and cars for service members who have prosthetics, and it can also go toward counseling."

This is the 5<sup>th</sup> consecutive year for the EOD Undeatable Wounded Warriors Ride. The 5-year plan was to raise \$500,000.00 in donations, but the crew has doubled its goal by raising over \$1 million.

Childre would be so proud.

*Dennis Sheean alongside EOD Wounded Warrior Chris Andrieu / Photo Courtesy of Robert Binder Photography*



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# MMHS Presents Radium Girls Nov. 12th-13th



The Mira Mesa High School Performing Arts Department brings a slice of 20th century history dramatically alive with the play *Radium Girls*, by D.W. Gregory, Nov. 12-13 at MMHS, directed by MMHS theatre instructor Daniel Kriley, a play based on the true life story of a group of young women in Orange, New Jersey during the 1920s. While working in a factory and painting radium on the faces of watches for young men in the service, unbeknownst to them the radium was poisoning them. The fast moving, highly theatrical story looks deeply into the American obsessions with health, wealth and the commercialization of science. The show stars seniors Tabitha Gregory (no relation to the author) as Grace Fryer and Nathaniel Robel as the factory owner Arthur Roeder. The show runs Thursday-Friday, November 12-13 at 7pm. Tickets are \$10 and can be purchased at the school's box office or online at [www.miramesatheatre.org](http://www.miramesatheatre.org)

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## Christ the Cornerstone Academy News

Seeing that there is a need for care for two year olds in our community and striving to meet that need, Christ the Cornerstone has now added a two-year-old class to their Preschool Program. If you are looking for a great place for your two year old to play, work and learn to communicate with others who are the same age, please visit our school for a free classroom tour.

The first week in October, all of our Fifth Grade students attended Indian Hills Camp for four days. The purpose of Indian Hills Camp is to help the students "Know and Grow" in their relationship with our Lord Jesus Christ and to build on their relationships with their classmates while camping in nature. The students and their counselors stayed in cabins on the camp grounds. They enjoyed the 300 foot Zip line, got to go dirt boarding, ride BMX bikes, learn archery, play basketball, swim and participate in many fun group activities. They were able to share their fun experiences during the Sunday Worship service held on October 18th.



of the students with red bracelets to remind all the students to remain drug free and scheduled different activities such as creating classroom posters and signing a banner sharing these important messages throughout the week.

The Preschool will host their annual Thanksgiving Feast on Wednesday, November 25th. The Preschool students will come as Pilgrims and as Indians to the feast. Foods from many nations will be enjoyed by the parents and students as we thank God for his many blessings.

Every two years the Fourth and Fifth Grade classes of Christ the Cornerstone Academy take a trip to Sacramento, Coloma and San Francisco for a hands-on California

history lesson. In order to help raise funds for this trip, the Fourth and fifth grade students will be hosting a Breakfast with Santa on December 3rd from 8 a.m.-10 a.m. Please contact the school for information on how you can participate in this event.

The Christ the Cornerstone Chime Choir and Student Chorus will be playing and singing at Barnes and Noble on Friday, December 11th. If you would like to start the Christmas season off with some Christmas music and some Christmas stories please plan to join us at one of these event.

Christ the Cornerstone Academy is known for its high academic standards as well as its small student to teacher ratio. For more information on the school, which accepts students from Preschool 2 year olds to 5th grades, visit: [www.ctc-academy.org](http://www.ctc-academy.org) or call 858-566-1741. Free tours of the school campus are available. -Mrs. Lark Mayeski

On October 24th h Christ the Cornerstone Academy hosted their annual Harvest Festival from 4 to 8 p.m. The school was transformed into an afternoon and evening of fun. Games booth, food booths, raffle baskets, pumpkin and costume contests were all part of the celebration. A bouncy house added to the excitement. The hay ride also seemed to be a favorite activity at the festival.

Christ the Cornerstone Student Council named the week of October 26nd as Red Ribbon Week - "Say No to Drugs, Say No to Bullying" for the CTCA students. Student Council provided each

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# Mira Mesa Senior Center

## EXERCISE CLASS

A course designed to enhance the physical and/or mental health of older adults through informative programs, physical exercise and mental activities designed to reduce stress and anxiety. Students can expect to improve muscle tone, flexibility, circulation and coordination; reduce emotional stress, and improve mental and emotional health and stamina.

**Mondays & Wednesdays, 9:00-11:00am**

**YOGA • Friday evenings, 5:30-6:30pm**

**ZUMBA • Sunday evenings, 7:00-8:00pm**

## BINGO

Bingo is a game of chance... so take a chance and enjoy a game or two in this relaxed and friendly atmosphere.

**Fridays, 9:00-11:00am**

## WATERCOLOR PAINTING CLASS

Learn basic watercolor techniques that will give you a solid foundation for watercolor painting. Instructor demonstrations will show you how to paint washes, wet and dry brush techniques and color layering and blending. Develop an awareness of line, color, shape and form. Learn how to create interesting effects that will improve your paintings and help you achieve exciting results. Individual instruction guided at a pace compatible with your personal inclination. A relaxed, noncompetitive approach is encouraged.

**Thursdays, 8:15-11:15am**

## ALCOHOLICS ANONYMOUS

**Wednesdays, 7:30-9:00pm**

## AARP TAX PREPARATION

Dates to be announced.

## SENIORS LUNCH- Every Monday through Friday at 12:00pm (except holidays)

Our healthy meals provide a third of the daily requirements needed for older adults. Also available for Home-Bound. Call: 858-578-8224

## DANCE DA NIGHT AWAY

Ballroom, Line and Social Dancing  
Friday nights, 6:30-10:00pm

## SUNDAY SOCIAL OCTOBER 18th, 12:00-4:00pm

## BLOOD PRESSURE SCREENING

Fridays, 11:00am-12:00pm

## FREE FLU SHOTS

Tuesday, October 13th  
1:30-5:30pm

## GOLDEN FRIENDS

A social group for seniors that meets weekly for fun, entertainment and activities. Call: 858-578-7324  
Tuesdays, 10:00-11:00am

## FILIPINO-AMERICAN SENIOR CITIZENS ASSOCIATION (FASCA)

Meets the 2nd Saturday of every month, 9:00am-4:00pm for dancing, food and fun. Call: 858-271-9385

## ANGEL'S DEPOT

Distribution center free to older residents living in poverty in San Diego County. Call: 760-599-7093 for more information.



**8460 Mira Mesa Boulevard, San Diego, CA 92126**  
**858-578-7325 / MiraMesaSeniorCenter@gmail.com**



# MMTC Forms Special Committee to Discuss Future of Epicentre Building

By Pam Stevens

November 1, 2015, marked the end of an era when the nonprofit social services agency, Harmonium, Inc., formally terminated its lease with the City of San Diego to manage the Epicentre, 8450 Mira Mesa Boulevard. Harmonium had operated the Epicentre as a teen center and all-ages music venue since 1999 in a city-owned building which was the original Mira Mesa Branch Library from 1977 to 1994. The Mira Mesa/Scripps Ranch San Diego Police Storefront, also located in a portion of the former library building, is unaffected and continues operation as usual as the headquarters for the Mira Mesa/Scripps Ranch Retired Senior Volunteer Patrol.

The former Epicentre space is now vacant. Its future use is the topic of discussion for a special committee of the Mira Mesa Town Council, Mira Mesa's non-profit civic group which holds monthly town hall meetings

on community issues and sponsors projects and programs to make the community a better place to live. Chaired by longtime Mira Mesa resident Bruce Brown, the Epicentre committee held its first meeting October 1, 2015, with city representatives as well as community volunteers in attendance. Bari Vaz is the secretary for the group. Bruce began by stating the purpose of the committee is to gather input from various portions of the community regarding future uses for the Epicentre building. He shared his vision of a multi-purpose Civic Center, Community Theater, youth/teen center and education center. The discussion then went around the room, and most expressed opinions that coincided with Bruce's stated idea. Planning how to realize the vision will require work at future meetings.

For more information, contact Bruce Brown, [bbrown7811@sbcglobal.net](mailto:bbrown7811@sbcglobal.net)

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## MMHS Sapphire Sound Performs at Harlem Globetrotters vs. Mira Mesa Faculty Basketball Game



The Oct. 16 game was a fundraiser for the Sapphire Sound's upcoming trip to march in the 2016 Rose Parade in Pasadena. Donations can still be made at the Sapphire Sound Tournament of Roses Go Fund Me page.

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# How To Stay Fit Through The Holidays



By: Danny Short, Certified Personal Trainer

It's that time again for family and friends to get together. Of course, these include Football, holidays, and food, lots of food! And one thing that creeps up on everyone's mind around this time is "I'm going to gain weight!" Studies show that the average american gains about 1 - 2 lbs between Thanksgiving and Christmas. It might not seem a lot, but this small increase in weight becomes permanent baggage and can be accumulated throughout the years.

For the last 4 years, I have been working with people to lose weight and gain their healthy lifestyle back. There are 3 things you can do starting right now to avoid weight gain during the holiday season.

1. Start your fitness training today. Yes, today, not later. If you've never set foot in a gym before, don't be afraid. A lot of gyms have personal trainers who can help and guide you. The sooner you start the better off you will be by the time the holidays come. You might even lose weight prior to the holidays.

2. Create a fitness goal and plan your meals. A lot of people I know who are successful on weight loss and management are the ones who prepare their meals ahead of time, whether preparing for a few days or a full week ahead. They also plan all their workouts so they don't get distracted by other things. Get a planner and make sure that you schedule your workouts first, before scheduling everything else.
3. Focus on maintenance during the holidays. Sure, you will go out to eat for the holidays and why not, it's that time of the year to be with loved ones. But if you maintain consistent training and eating clean throughout the holiday, one meal during the holiday will not throw you off of your goals.

Hope these tips help you to start working on your fitness goal. Enjoy your holiday with your family and friends!



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## Do You Want to Save Money on Your Utility Bills?

**Have You Noticed Your Electric Bill Has Gone UP?** SDGE is in the process of consolidating the 4 pricing Tiers down to 2 pricing Tiers by 2019. The first price Tier consolidation happened in Sept. 2015. Now, I understand the big push for Solar. There are still good Solar Rebates available until this end of this year. If you are looking for a list of Solar companies, give me a call to get the information on the best local Solar companies. See the Electric Rate Reform article on: [facebook.com/HomesByTracee](https://www.facebook.com/HomesByTracee)

**Protest the Proposed Water Rate Increase.** Did you fill out the form that was mailed to you in October to protest the Water Rate Increase? If you can't find it, please contact me. I will email it to you or go to: [facebook.com/HomesByTracee](https://www.facebook.com/HomesByTracee) to print and mail it out.

**HAPPY HOLIDAYS!** The Inventory in the Real Estate market slows down during the Holidays, but we have qualified buyers who want to buy. Are you or your friends thinking about selling? Give us a call, so we can help you with all your Real Estate needs.

**OPERATION HOME FRONT:** A Donation Bin is at our office to benefit Military Families. We are collecting new toys & gift cards until Dec. 3rd. Thank you for your support!



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# Mira Mesa Branch Library Program Schedule

8405 New Salem St., San Diego  
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All programs are free.

[facebook.com/mmlibrary](https://www.facebook.com/mmlibrary) and [sandiegolibrary.org](http://sandiegolibrary.org)

## SPECIAL EVENTS

**Edible Kitchen Chemistry for Teens** Friday, November 13, @ 4:00 p.m. Registration required – ages 12-18. Fun science experiments using edible items found in one's kitchen.

**Holiday Cookie Decorating for Teens** Friday, December 4, @ 4:00 p.m. Registration required – ages 12-18. Decorate holiday cookies that you can eat & share!

**Mrs. Claus' Holliday Sing-Along** (All Ages-Family Program) Wednesday, December 9, @ 6:30 p.m. Join us for a sing along program.

**Fraud, Scams & Identity Theft-Protect Yourself** Thursday, December 10, @ 3:00 p.m. Deputy PA Paul Greenwood has prosecuted elder crimes for the past 20 years. He will give an illustrated presentation with tips on how to minimize the possibility of becoming a victim of a scam or fraud or identity theft. Advanced registration is recommended. Sign up in person at the Mira Mesa Branch Library or call 858-538-8165.

**Science Rocks** (Ages 6 – 11) Friday, December 11, @ 4:00 p.m. In honor of Computer Science Week, learn the basics of computer programming for students 6 to 11 years of age. Registration required. Registration begins November 20. To register, please call (858) 538-8165 or visit Mira Mesa Branch Library.

## WEEKLY PROGRAMS

**Kids' Crafts** Mondays at 4:00 p.m. Nov.: 2, 9, 16, 23, 30. Dec.: 7, 14, 21. Arts and crafts for children 5 and up. Materials provided.

**Chess Club** Tuesdays from 4:00 p.m. - 5:00 p.m. Children & teens. Nov.: 3, 10, 17, 24. Dec.: 1, 8, 15, 22. Learn how to play chess. Develop new strategies and improve your game. For children and teens. Materials provided.

**"Modern" Line Dancing** Wednesdays from 4:30 p.m. - 5:30 p.m. Teens and Adults. Nov.: 4, 18, 25. Dec.: 2, 9, 16, 23. Learn modern line dancing to current songs and Latin music.

**P.J. Storytime** Wednesdays at 6:30 p.m. Preschool ages. Nov.: 4, 18. Dec.: 2, 16. Preschoolers, join us at the library in your pajamas for fun stories and songs before bedtime.

**ESL Conversation Club** Wednesdays from 6:30 p.m. - 7:30 p.m. Teens and Adults. Nov.: 4, 18. Dec.: 2, 9, 16. Volunteers help ESL speakers with daily conversation in English. Friendly conversations about everyday topics and subjects of interest.

**Homework Help** Wednesdays from 6:00 p.m. - 7:30 p.m. Nov.: 4, 18. Dec.: 2, 9, 16. Free homework tutoring for students grades Kindergarten to Twelfth. Tutors will assist with all subjects. No registration required.

**Chair Yoga** Thursdays from 10:00 a.m. - 10:45 a.m. Nov.: 5, 12, 19. Dec.: 3, 10, 17. Enjoy the health benefits of this gentlest form of Yoga. No mats needed-just wear comfortable clothing you can stretch in.

**Reading Buddies** (Grades 1-5) Every Thursday from 3:00 p.m. - 5:00 p.m. November 5, 12, & 19. December 3, 10, & 17. A reading enrichment for students entering Grades 1-5 in the fall. An adult or high school volunteer will tutor the student on the following: Letter identification, Pronunciation/understanding of individual words, Practice reading aloud, Identifying main themes, characters, and Reading comprehension. Registration required. Reserve a time slot of 15-30 minutes by phone (858) 538-8165 or in person at the Reference Desk at the Mira Mesa Branch Library

**Bumblebee Toddler Time** Fridays at 10:30 a.m. Nov.: 6, 13, 20. Dec.: 4, 11, 18. For Toddlers 18 – 36 months and accompanying adults. Playful songs, stories, fingerplays, dance and yoga too! Great for developing toddler oral, listening, motor, and social skills. Limited to first 30 families upon arrival.

**Zumba with Azi** Saturdays from 1:00 p.m. - 1:45 p.m. Zumba exercise class for adults. Nov.: 7, 14, 21, 28. Dec.: 5, 12, 19, 26

## ON-GOING PROGRAMS & EVENTS

**Mira Mesa Town Council Meeting** Every first Monday of the month at 7:00 p.m. (except as noted) November 2. December 7. The Mira Mesa Town Council (MMTC) is a volunteer organization that focuses on the improvement of the Mira Mesa Community. The Mira Mesa Town Council holds monthly meetings on the first Monday unless scheduled otherwise.

**Mira Mesa Planning Group** Every third Monday of the month @ 7:00 p.m. November 16. December – no meeting. The group meets the third Monday of every month at 7:00 p.m. The meetings are held at the Mira Mesa Branch Library, 8405 New Salem Street.

**Play with Ballet** (Ages 6-8) First and Third Thursdays, 5:00-5:45 pm Nov.: 5, 19. Dec.: 3, 17. Playful ballet instruction for beginners. Limited to 20 students – register at the library or call 858-538-8165. Ballet shoes are required and wear comfortable clothes. Ballet leotard is optional, but no jeans.

**Love on a Leash: Paws to Read** First Saturday, from 10:00 a.m. - 11:00 a.m. Nov.: 7. Dec.: 5. A volunteer pet-provided therapy group brings specially trained dogs into the Mira Mesa Library. Children have an opportunity to meet the dogs and read their favorite stories to them. This national reading program is shown to improve reading skills of children who might otherwise be intimidated to read in front of adults. To learn more about San Diego Love On A Leash: Paws to Read Program, visit their website at [www.SanDiegoLOAL.com](http://www.SanDiegoLOAL.com).

**Watercolor Class for Adults** Every First and Third Tuesday of the month from 1:00 p.m. to 3:00 p.m. Nov.: 3, 17. Dec.: 1, 15. Ali Ehsan, Instructor.

All skill levels are welcome. Please bring your own watercolor paints, brushes, paper, etc. – supplies will NOT be provided. You will need to bring the following supplies: watercolor brushes #14, 10, 8; set of watercolors; white plastic palette; arches papers 100% cotton 12" x 16", and water container.

**Anime/Manga Drawing Club** Thursdays from 4:00 p.m. - 5:00 p.m., Second and Fourth Thursdays. For children ages 7 and up. Materials provided. Nov.: 12. Dec.: 10. Children and teens develop and nurture their creative talents in Anime/Manga Art. Materials provided.

**Quilling with Mona** Friday from 4:00 p.m. - 5:30 p.m. Adults only. Nov.: 20. Dec.: 18. Learn how to do this beautiful paper-craft technique. Materials provided. Adults only (for their safety, no children will be allowed in the room). Limited to 20 maximum. Advanced sign-ups required. Registration begins two weeks prior to program. Register at the Mira Mesa Branch Library in person or by phone at (858) 538-8165.

**Banned Book Club** Last Tuesday of the Month from 6:30 p.m. - 8:00 p.m., except as noted\* Nov.: 24. December: No meeting. Do you enjoy reading and talking about books? The Mira Mesa Library's Banned Book Club, a book group, with a "freedom to read" theme, meets the last Tuesday of each month. The group focuses on books and authors that have been banned or challenged worldwide over the years, as well as other thought-provoking titles. All are welcome. New members and visitors are always welcome. Reserve your copy online.



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# Banned Book Club

## MIRA MESA BANNED BOOK CLUB 2015-16 TITLES

By Pam Stevens

Do you enjoy reading and talking about books? The Mira Mesa Library's Banned Book Club, a book group with a "freedom to read" theme, meets the last Tuesday of each month (no meeting in December), 6:30pm at the library, 8405 New Salem St.

The group focuses on books and authors that have been banned or challenged worldwide over the years, as well as other thought-provoking titles. All are welcome, "regulars" as well as "drop-ins" for a particular title! Books selected for discussion from November 2015 through August 2016 are:

- Nov. 24, 2015: James and the Giant Peach by Roald Dahl and The Giver by Lois Lowry, two frequently challenged children's and young adult classics (with appeal for all ages)
- Jan. 26, 2016: The Decameron by Boccaccio
  - Feb. 23, 2016: Persepolis by Marjane Satrapi
  - March 29, 2016: A Canticle for Leibowitz by Walter M. Miller
  - April 26, 2016: The Secret Life of Bees by Sue Monk Kidd
  - May 31, 2016: Beggars in Spain by Nancy Kress
  - June 28, 2016: Dubliners by James Joyce
    - July 26, 2016: Things I've Been Silent About by Azar Nafisi
    - August 30, 2016: Timeline by Michael Crichton

For more information, email book group facilitator Pam Stevens, [pstevens@san.rr.com](mailto:pstevens@san.rr.com), or call the Mira Mesa Branch Library, 858-538-8165.







# In Memoriam: William "Bill" Male

that called for a "roast," such as the August 1, 1994 Mira Mesa Town Council program celebrating the retirement of then MMHS principal Jim Vlassis (as reported in the Mira Mesa/Scripps Ranch Sentinel, Mira Mesa's weekly newspaper until 2009.)

When Bill retired after teaching for 40 years, he continued to have an interest in helping young people to fulfill their passions and dreams. As a result, he founded the William Male Foundation to provide assistance to individuals in their creative pursuits. He wanted to focus specifically on the arts, because people who are interested in pursuing the arts don't always go to the university and don't often have a lot of

scholarships and fellowships available to them. He wanted to give them a means to pursue that non-traditional path.

In addition to working with the William Male Foundation, Bill's interests in retirement have included photography, travel, going to the theater, art house films, and his dog Cindi.

Details about a memorial/celebration of life for Bill Male had not yet been finalized at press time. Mylinh Arnett said she will post information on William "Bill" Male's Facebook page when it is available. For more information about the William Male Foundation, see [www.williammalefoundation.org](http://www.williammalefoundation.org).

By Pam Stevens

As word spread October 16 about the passing of William "Bill" Male, retired Mira Mesa High School teacher, his former students and their parents, teaching colleagues, fellow Mira Mesa community volunteers and friends reacted with sadness but also shared fond memories and paid tribute to the lasting influence Bill had on so many lives.

"The world lost a wonderful person today. I met William "Bill" Male when I was a senior in high school. I was the class secretary, and he stepped in to be the class advisor. What I remember about Bill is that he was one of those teachers who never treated us like kids. He wanted us to think for ourselves and to question everything. That never changed over the years. He always believed I was capable of so much more than I thought I could do, and he made me want to be better," wrote Mylinh (Uy) Arnett, MMHS Class of 1993 and a William Male Foundation Board member, on her personal Facebook page.

Bill Male grew up in Los Angeles but called San Diego home for many years. He taught in San Diego schools in subjects ranging from English to psychology to video production. Bill's AP Psychology class was a favorite class and an inspiration for a number of students to major in psychology in college. Many students from his video production classes went on to successful careers in video. He also headed the Mira Mesa High School Diploma Program, an alternative education program, for ten years.

Bill was an active Mira Mesa community volunteer in the 1980s and 1990s. In 1985 he served as president of the Mira Mesa Town Council, Mira Mesa's non-profit civic group which sponsors projects to make the community a better place to live. For many years Bill volunteered on the Fourth of July personally videotaping the Mira Mesa Fourth of July Parade, interviewing parade watchers and participants as they marched the route, for a show that was later broadcast on community access television. Bill's dry wit made him the perfect emcee for community events



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# Assemblymember Brian Maienschein Dedicates Stretch of I-15 Freeway to Late Baseball Legend Tony Gwynn

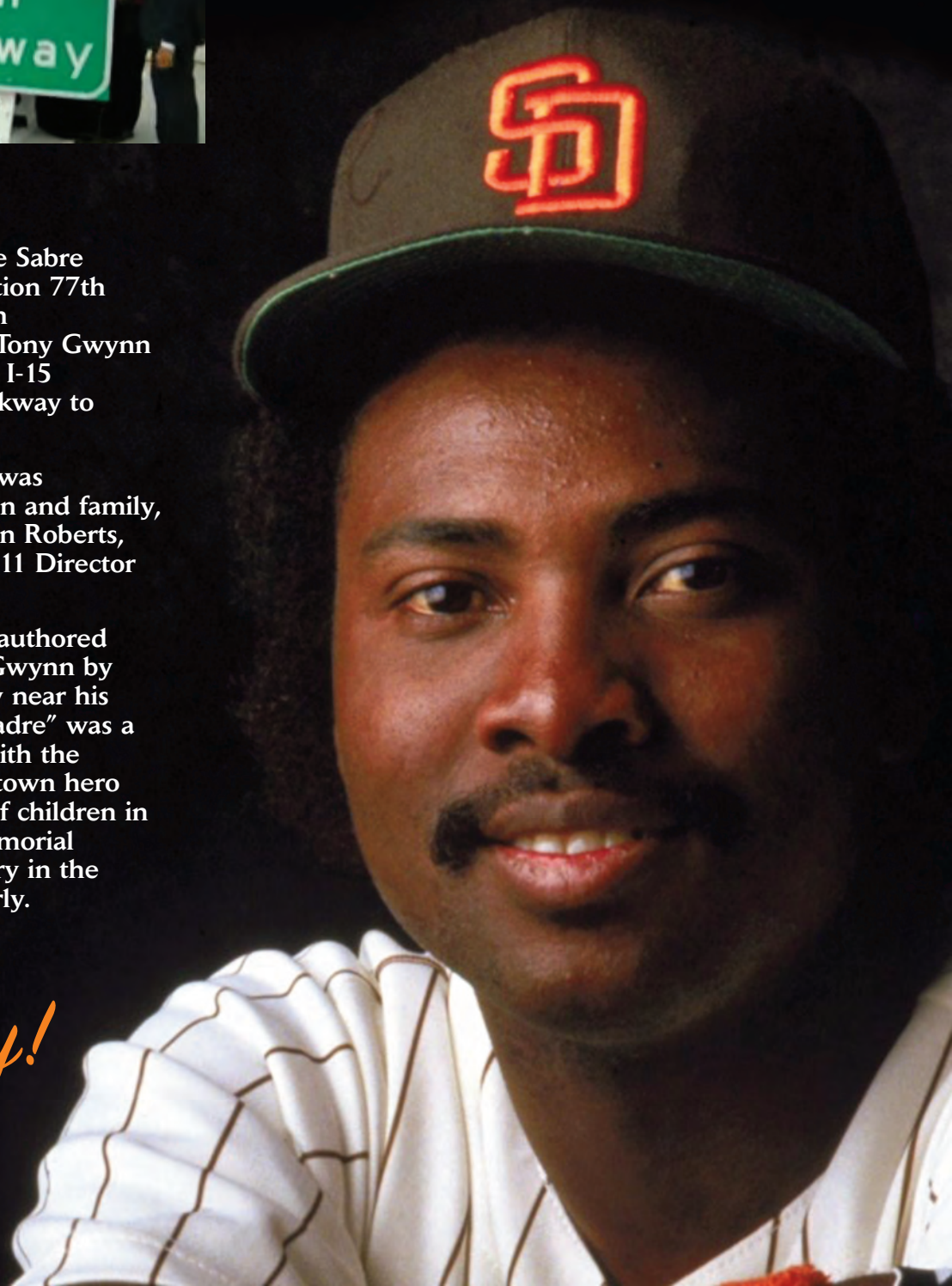


On Monday, October 19th at The Sabre Springs / Penasquitos Transit Station 77th District Assembly member Brian Majenschein dedicated the new Tony Gwynn Memorial Freeway, spanning the I-15 Freeway from Scripps Poway Parkway to Camino Del Norte.

Assembly member Majenschein was accompanied by Dr. Alicia Gwynn and family, San Diego County Supervisor Ron Roberts, Speaker Toni Atkins and District 11 Director Laurie Berman.

Assembly member Maienschein authored ACR 63 to honor the late Tony Gwynn by dedicating this stretch of freeway near his longtime home in Poway. "Mr. Padre" was a champion on the field, playing with the Padres for 20 years, and a hometown hero dedicated to bettering the lives of children in San Diego. The Tony Gwynn Memorial Freeway will preserve his memory in the community that he loved so dearly.

*Thank You Tony!*







## Get involved in your community. Join the Mira Mesa Town Council!

The Mira Mesa Town Council (MMTC) is a volunteer-run, non-profit organization promoting community pride and the betterment of Mira Mesa.

### What Does MMTC Do?

- Mira Mesa Street Fair on the third Saturday of September
- Fourth of July Celebration & Fireworks, a 41 year tradition, is one of the largest community celebrations in San Diego
- Verne Goodwin Scholarships recognize graduating high school seniors for their volunteer service
- Mira Mesa Banners along Mira Mesa Blvd promote our community as well as local events and businesses
- Mira Mesa Maintenance Assessment District maintains landscaping along Mira Mesa Blvd and other major streets
- Volunteer of the Year Dinner honors exceptional volunteers who enrich our community
- Miss Mira Mesa & Miss Teen Mira Mesa selected at San Diego Northeastern Pageant to serve as community ambassadors, program instills poise in young women.

### When & Where Does MMTC Meet?

MMTC meets at the Mira Mesa Branch Library, 8405 New Salem St., 7pm – 9pm the first Monday of each month (second Monday in September). Meetings are open to EVERYONE.

Upcoming meetings:

Nov. 2 – MMTC members will elect MMTC Board for 2016

Dec. 7 – MMTC members will vote to select 2015 Mira Mesa Volunteer of the Year

### How Do I Join?

Online at [MiraMesaTownCouncil.org](http://MiraMesaTownCouncil.org) or pay with cash or check at a meeting.

Membership is open to all Mira Mesa residents age 16 and older. Annual membership rates:

- \$20 for residents, \$10 for additional residents in the same household
- \$10 for students or seniors (age 60+)
- \$50 for business members or \$150 for a joint MMTC & Mira Mesa Chamber of Commerce membership



**2015 Miss Mira Mesa Sabrina Randall congratulates Julius Hitchens at the April 2015 dinner honoring his selection as 2014 Mira Mesa Volunteer of the Year.**

### Miss Mira Mesa:

The San Diego Northeastern Communities Pageant selects a Miss and Miss Teen for the communities of Mira Mesa, Scripps Ranch, Rancho Penasquitos, and in 2016 hopes to add 4S Ranch/Rancho Bernardo. The 2016 Pageant will take place Saturday, March 5 (with contestant interviews and rehearsal March 4.) Further information at [www.miramesatowncouncil.org/miss\\_mira\\_mesa\\_2015.html](http://www.miramesatowncouncil.org/miss_mira_mesa_2015.html)

Download applications at

[www.sdnortheasternpageant.com/mira-mesa.html](http://www.sdnortheasternpageant.com/mira-mesa.html)

### MMTC Seeks Mira Mesa Volunteer of the Year Nominations:

For details, see [miramesatowncouncil.org](http://miramesatowncouncil.org)

**Make your nominations by Saturday, Nov. 7!**



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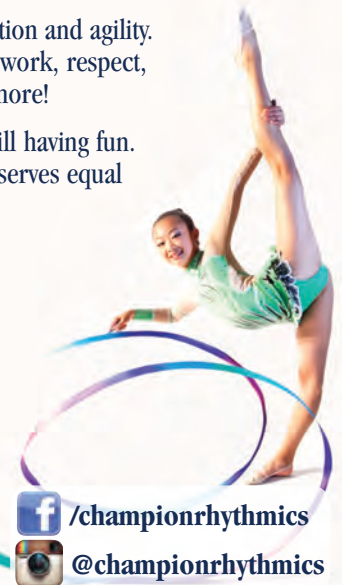
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